

# ABK MONTHLY

August 2008

## NEWS

In preparation for our upcoming 15 year anniversary this Fall and to better acomodate our students, ABK has begun renovations in the lobby, office and training area. We will remain open during the remodeling by working during off hours. Everyone will be pleased with the new layout of the studio! We apologize for any inconvenience and greatly appreciate your support of our school.

In order to keep our ABK community better informed about events at ABK, we would like to ask all students and their parents to provide us with an email address. Please, stop by the office and leave your email address with Mrs. Lerma. Thank you!

Master Tony Lerma

## ACTIVITIES AND EVENTS

**August 11, Monday - August 15, Friday - Fourth week of Summer Day Training 10am-3pm - Please, register in advance, space is limited!**

**August 18, Monday- August 22, Friday - Fifth week of Summer Day Training 10am-3pm - Please, register in advance, space is limited!**

**August 22, Friday - 4pm-7:30pm - TESTING, NO CLASSES**

**August 23, Saturday - 10am-1pm - OPEN STUDIO for all belt all age students. Drop by at any time and practice under the supervision of Master Lerma and advanced belt students.**

**Septemeber 6, Friday - 11am-5:30pm - BLACKBELT TESTING AND ABK 15 YEAR ANNIVERSARY CELEBRATION 11am to 5pm**

## SUMMER DAY TRAINING -

Pick up a Registration Flyer from the lobby, and register soon. Space is available, but very limited. Participants will have a very personal experience with their instructors and peers and a quality time, filled with curriculum training, games and activities aimed at improving physical skills, strengthen their discipline, self esteem and teamwork skills.

The summer day training is a motivational and valuable experience for children ages 4 to 14.

**Bring a friend or a sibling! Times vary, single days and half days are available.**

## TESTING

This month's testing will be held on **Friday, August 22**. There will be no classes that day. There are 3 testing sessions, depending on belt rank and the times are **4pm- yellow to green-I belt, 5-6:30 pm - purple to red/black belt and 6:30-7:30pm - adult all belts.**

The week of the 11th of August will be clearance for testing week, during which students that are ready to test will be invited to register. Please, remember that the minimum number of classes for testing has to be met by the week of clearance and does not ensure that you will be invited to test! Please, register for testing as soon as you have been notified by your instructor, before the deadline - **7pm, Tuesday, August 19**, which is the last day for testing clearance and registration.

**ALL TESTING PARTICIPANTS ARE EXPECTED TO WEAR A CLEAN WHITE UNIFORM!**

**NO T-SHIRTS AND COLORED UNIFORMS, PLEASE!**



Congratulations to all testing participants for the month of July!

A to Z: Curtis Milosevich, Weston Kinsey

Yellow: Madison Fletcher, Robert Fletcher, Gabby Jurado, Oliver Anderson-Sanford, Jasmine Lam, Bella Chong

Orange: Siena Del Real, Saman Wadpey, Ashkan Wadpey

Green: Adam Malek, Tyler Soria, Ryan Strauss, Neffaly Sanchez, Mark Szczesny

Green-I: Coleman Reichenbach

Purple : Kyle Pittman, Peter Eidler, Colton Jeha

Purple-I: Kaitlyn Ham

**Week IV: August 11-15**

**Week V: August 18-22**