

ABK MONTHLY

February 2012

Congratulations to all who attended our breaking workshop! It was fun filled, educational and motivational watching students face each challenge and break through each board. It was clear they were breaking through their fear and strengthening their resolve!

Keep up the good work fellow martial artists!

Master Tony Lerma



Congratulations to all testing participants for the month of January!

Karate A to Z:

Yellow: Nico Romano

Orange: Allison Atwood, Michael Rudden, Tyler Perry, Francesca Perry

Green: J.J. Ryan, Wyatt Ezrilov, Gavin Jones, Kim Miskovetz

Green-I: Chase King, Nikolai Luxton, Addison Braunscheidel, Ainsley Braunscheidel, Dominic Madeira, Enzo Lucia

Purple: Chaisson Ezrilov, Grant Stedman

Purple-I: Julian La, Adam La, Margot Keane, Ben Studer, Kelly Keane, Joshua Fong

Blue: Shannon Zhang

Brown: Damon Choy

Red:

Red/Black:

ACTIVITIES AND EVENTS

February 20, Monday - PRESIDENT'S DAY - NO CLASSES

February 24, Friday - TESTING - NO CLASSES

TESTING

This month's testing will be held on **Friday, February 24**. There will be no classes that day. There are 3 testing sessions, depending on belt rank and the times are **4-5pm- yellow to green-I belt, 5-6:30 pm - purple to red/black belt and 6:30-7:30pm - adult all belts.**

The week of **February 13 will be clearance for testing week**, during which students that are ready to test will be invited to register. Please, remember that the minimum number of classes for testing has to be met by the week of clearance and does not ensure that you will be invited to test!

Please, register for testing as soon as you have been notified by your instructor, before the deadline - **7pm, Wednesday February 22**, which is the last day for testing clearance and registration.

ALL TESTING PARTICIPANTS ARE EXPECTED TO WEAR A CLEAN WHITE UNIFORM!

NO T-SHIRTS AND COLORED UNIFORMS, PLEASE!