

ABK MONTHLY

September 2010

BLACK BELT TESTING and 17 Years of ABK Danville

As everyone is getting back to school and setting their training goals at ABK, Black Belt candidates are ready for the beginning of their journey as Black Belts which commences at their first class after completing the goal of Black Belt Test.

On Saturday, September 11 we will host our annual Black Belt Testing. The event is open to the general public and ABK students and their families are encouraged to come and show their support for the testing candidates. The doors will open at 10:30am.

I wish all Black Belt candidates the best of luck and all ABK students a great school year! Remember, there are good, great and favorite teachers, but good students are *always* good students.

Master Lerma



Congratulations to all testing participants for the month of August!

Karate A to Z:

Yellow: Adam La, Julian La, Caden King, Cameron Clark, Bennett Hazard, Shannon Zhang, Ben Studer, Will Kilty, Blake Nicholas, Jake Broom

Orange: Jack Hazard, Tommy Rainsford, Coulter Letzerich, Krishan Lall

Green: Isaiah Valle, Aidan Crowley, Rachel Pittman

Green-I: Neil Ghose, Brooke Abess, Ted Ghose, Joshua Fong

Purple: Jack Pollock, Amelia Boatwright, Austin Cirelli

Purple-I: Miles Milosevich, Curtis Milosevich

Blue:

Brown: Charlie Hadsell, Sophia Nunes

Red: Nicole Kfoury, Chloe Grossman, Renee Masukawa,

Red/Black: Kaitlyn Ham, Siena Del Real

ACTIVITIES AND EVENTS

September 3, Friday-September 6, Monday - NO CLASSES - Labor Day Weekend

September 11, Saturday -BLACK BELT TESTING -NO CLASSES

Open to the public from 10:30am to 3:30pm at ABK.

Please, come and show your support for the ABK Testing Candidates!

September 17, Friday - TESTING - NO CLASSES

TESTING

This month's testing will be held on **Friday, September 17**. There will be no classes that day. There are 3 testing sessions, depending on belt rank and the times are **4-5pm- yellow to green-I belt, 5-6:30 pm - purple to red/black belt and 6:30-7:30pm - adult all belts.**

The week of **September 6** will be clearance for testing week, during which students that are ready to test will be invited to register. Please, remember that the minimum number of classes for testing has to be met by the week of clearance and does not ensure that you will be invited to test!

Please, register for testing as soon as you have been notified by your instructor, before the deadline - **7pm, Tuesday September 14**, which is the last day for testing clearance and registration.

ALL TESTING PARTICIPANTS ARE EXPECTED TO WEAR A CLEAN WHITE UNIFORM!

NO T-SHIRTS AND COLORED UNIFORMS, PLEASE!