



BLACK BELT TRAINING

Black Belt Pre-Test sessions for Fall Black Belt Testing 2011
Required Equipment: Blackbelt Training t-shirt- order at the office

#1 June 4 - 7:30 - 10am - *Student and Parent Orientation at 7:30-8am, followed by training - Parent's attendance is required! Black Belt Pre-Test Package Distributed and BLACK BELT TRAINING REGISTRATION FORM DUE!*

#2 June 11 - 7:30 - 10am

#3 June 18 - 7:30 - 10am

#4 June 25 - 7:30 - 10am

#5 July 9 - 7:30 - 11am

#6 July 30 - 7:30 - 11am

#7 August 6 - 7:30 - 11am

#8 August 20 - 7:30 - 11am- *Journal, Assignments and Essay Questions Due!*

August 27 - 7:00-11am - PRE-TEST AND TESTING REGISTRATION

September 10 - 6am-4pm - BLACK BELT TEST

Black Belt candidates are required to attend a minimum 6 of the 8 workout sessions! Black Belt candidates are encouraged to attend the Adult classes on Saturdays for the duration of the summer.

Please, make sure to attend the Orientation at the beginning of the 1st Pre-Test session or make alternate arrangements in advance by calling us at 838-3820!